

Adult/Student Milk \$0.55
 Adult/Student Juice \$0.40

Student Breakfast \$1.95
 Adult Breakfast \$2.50

Student Lunch \$2.95
 Adult Lunch \$4.85

2023		September			WCV Menu	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
Yogurt Muffin Fruit Orange Juice Skim or 1% Milk	Breakfast Pizza Fruit Orange Juice Skim or 1% Milk	Good Egg Sandwich Cereal Toast Fruit Orange Juice Skim or 1% Milk	Cheese Bread Stick Tri Tater Fruit Orange Juice Skim or 1% Milk	Sausage French Toast Syrup Cup Fruit Orange Juice Skim or 1% Milk		
28	29	30	31	01		
				MS/HS Pizza or		
				Ravioli in Red Sauce Dinner Roll Shredded Mozzarella Spinach & Carrots Assorted Fruit		
04	05	06	07	08		
	MS/HS Chicken and Cheese Quesadilla pizza or	MS/HS Cheeseburger or	MS/HS Pork Chop Patty or	MS/HS Chicken Nachos or		
NO SCHOOL	Walking Beef Taco Shredded Cheddar & Salsa Refried Beans Shredded Lettuce Tomatoes Assorted Fruit	Sesame Popcorn Chicken Assorted Chips Carrots & Dressing Assorted Fruit	Turkey & Gravy Dinner Roll Mashed Potatoes Broccoli Assorted Fruit	Cheese Quesadilla Pizza Marinara Sauce Side Salad & Dressing Assorted Fruit		
11	12	13	14	15		
	MS/HS Meatballs or	MS/HS Taco or	MS/HS Salisbury Steak or	MS/HS Chicken Nuggets or		
NO SCHOOL	Cheesy Spaghetti Dinner Rolls Garden Salad & Dressing Assorted Fruit	Chicken Taquitos Shredded Lettuce Refried Beans Assorted Fruit	BBQ Baked Pork Dinner Roll Carrots & Dressing Assorted Fruit	Pepperoni Pizza Side Salad & Dressing Cucumbers Assorted Fruit		
18	19	20	21	22		
MS/HS Beef Nacho or	MS/MS BBQ Rib or	MS/HS Pizza or	MS/HS Hot Ham and Cheese or	MS/HS Cheeseburger or		
Crunchy Chicken Wrap Shredded Cabbage & Cheddar RanchaBoom Sauce Corn Pineapple	Meatloaf Dinner Roll Sweet Potato Fries Cucumbers Applesauce	Boneless Chicken Chompers Assorted Chips Side Salad & Carrots Assorted Fruit	Fish Baked Beans Coleslaw Dinner Roll Assorted Fruit	Chinese Cilantro Brown Rice Broccoli & Dressing Assorted Fruit		
25	26	27	28	29		
MS/HS Chicken Sandwich or	MS/HS Meatloaf or	MS/HS Hot Ham & Cheese or	MS/HS Chicken Nuggets or	MS/HS Pizza or		
Hamburger Crispy Cubes & Ketchup Lettuce Assorted Fruit	Chicken Alfredo Garlic Brown Rice Carrots Assorted Fruit	French Toast Sticks Syrup Egg Patty/Omelet Cucumber & Dressing Assorted Fruit	Corndogs Baked Beans Coleslaw Assorted Fruit	Ravioli in Red Sauce Dinner Roll Shredded Mozzarella Spinach & Carrots Assorted Fruit		

MS/HS Students may substitute a yogurt parfait or salad bar for the main dish at no extra cost

You must have money in your account for extra milk, juice, and extra entrees

Menu is subject to change without notice

This institution is an equal opportunity provider