2024	January WCV Men			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Good Egg Sandwich	Breakfast Pizza	Yogurt	Cheese Bread Stick	Sausage
Cereal	Fruit	Muffin	Tri Tater	French Toast
Toast	Orange Juice	Fruit	Fruit	Syrup Cup
Fruit	Skim or 1% Milk	Orange Juice	Orange Juice	Fruit
Orange Juice		Skim or 1% Milk	Skim or 1% Milk	Orange Juice
Skim or 1% Milk				Skim or 1% Milk
01	02	03	04	05
		MS/HS Pizza or	MS/HS Chicken Sandwich or	MS/HS Pork Chop Patty or
NO SCHOOL	NO SCHOOL	Sesame Popcorn Chicken	Cheese Quesadilla Pizza	Beef Chili
		Assorted Chips	Side Salad	Cinnamon Roll
		Carrots & Dip	Cucumbers & Dip	Tomatoes
		Assorted Fruit	Assorted Fruit	Corn
		Assorted Fruit	Assorted Fruit	Assorted Fruit
				Assorted Fruit
08	09	10	11	12
MS/HS Taco-Nacho or	MS/HS Hamburger or	MS/HS Chicken Nuggets or	MS/HS Pizza or	MS/HS Chicken Sandwich
	St. L. S. W. 65			or
BBQ Rib Sandwich	Chicken & Waffles	Grilled Cheese Sandwich	Meatloaf	French Bread Pizza
Baked Beans	Syrup	Tomato Soup	Sweet Potatoes	Garden Salad
Carrots & Dip	Side Salad & Dressing	Green Beans	Cucumbers	Assorted Veggies
Assorted Fruit	Tomatoes	Assorted Fruit	Assorted Fruit	Assorted Fruit
	Assorted Fruit		Dinner Roll	
15	16	17	18	19
	MS/HS Hot Dog or	MS/HS Pizza or	MS/HS Toasted Cheese or	MS/HS Popcorn Chicken or
NO SCHOOL	Macaroni & Cheese	Fish Sandwich	Chicken Noodles	Beef Taco
	Side Salad	Assorted Chips	Mashed Potatoes	Shredded Lettuce &
	Dinner Roll	Broccoli & Celery	Dinner Roll	Cheese
	Cucumbers	Assorted Fruit	Carrots	Black Beans
		ASSOITED FIUIT	Assorted Fruit	
	Assorted Fruit		Assorted Fruit	Assorted Fruit
22	23	24	25	26
MS/HS Meatloaf Sandwich or	MS/HS Chicken Tenders or	MS/HS Pizza or	MS/HS Taco or	MS/HS Loaded Tots or
Chicken Nuggets	Hot Ham & Cheese	French Toast Sticks	Meatball Sub	Pepperoni Pizza
Crispy Cubes	Garden Salad	Egg Patty	Carrots	Caesar Salad
Carrots	Baked Beans	Spinach Salad	Celery	Cucumbers & Dressing
Sun Chips	Assorted Fruit	Red Peppers	Assorted Fruit	Assorted Fruit
1	ASSUITED FIUIT	Assorted Fruit	ASSULTED FIUIL	ASSULTED FIUIL
Assorted Fruit		ASSORTED FRUIT		
29	30	31	01	02
MS/HS Pizza or	MS/HS Cheeseburger or	MS/HS Chicken Nuggets or	MS/HS Burrito or	MS/HS Hot Ham & Cheese or
Chicken Sandwich	Walking Taco	Crispitos	Corn Dog	Chinese
Side Salad	Refried Beans	Corn	Green Beans	Brown Rice
Cucumbers	Romaine	Carrots	Cucumbers	Broccoli
Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit	Tomatoes Assorted Fruit

MS/HS Students may substitute a yogurt parfait or salad bar for the main dish at no extra cost

You must have money in your account for extra milk, juice, and extra entrees