



WILDCATS

WEST CENTRAL VALLEY ELEMENTARY

January Dates to Remember:

1/2: No School, Teacher Work Day

1/3: Classes Resume

1/8-1/19: Reading and Math FAST Testing

1/12: End of 2nd Quarter/1st Semester

1/15: No School, All Day PD

1/19: First Semester Report Cards Sent Home

1/22: 1:30 Dismissal, ½ Day PD

February Dates to Remember:

2/5: No School, All Day PD

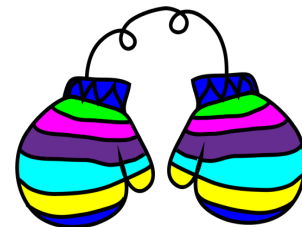
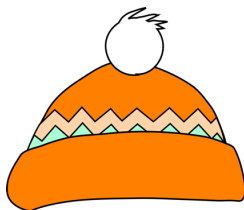
2/19: 1:30 Dismissal, ½ Day PD

Notes From the Principal:



When dropping students off in the morning. Please remember that staff are not on duty until 7:45 a.m. We would ask that you do not drop off your students until then.

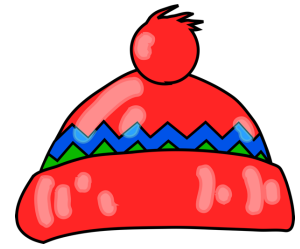
We're still in the midst of winter, and the weather is cold. Our students go outside for recess when the "feels like" temperature is 15 degrees or warmer. Please help your student remember to wear appropriate jackets, hats, etc. If they would like to play in snow, students will need boots and snowpants.



If you have any winter gear that your child has outgrown and you're looking to donate it, we would be happy to take it off your hands.

Please email Mr. Calvert at ecalvert@wcv.k12.ia.us with any questions. Thank you!

THANK YOU!!



We are so fortunate to have wonderful community resources! Recently, we have received donations of winter gear from a variety of community partners, including alumni, SRO Sgt. Katie Guisinger, GCH Stuart Clinic, and First United Methodist Church of Stuart.



Notes From the Nurses:



It's that time of year again when we start to see an increase in illnesses entering our school.

Here is a review of the **WCV Health Policy**:

FEVER: Students must be fever free (without medication) for 24 hours before returning to school. A fever is 100.3° F or above.

VOMITING: Students must NOT have vomited for 24 hours before returning to school.

PINK EYE: Students can return to school once prescription eye drops have been started.

STREP THROAT: Students must have an antibiotic for at least 24 hours before returning to school.

COUGH/COLD: Students can remain at school with mild cough/cold symptoms. If the cough is continual, or becoming a distraction in class, the nurse will be consulted. If your child is going to require multiple cough drops throughout the day, please send them to school with your student. Your student's classroom teacher can keep them on their desk.

WCV will be following Guthrie County Public Health **COVID** recommendations.

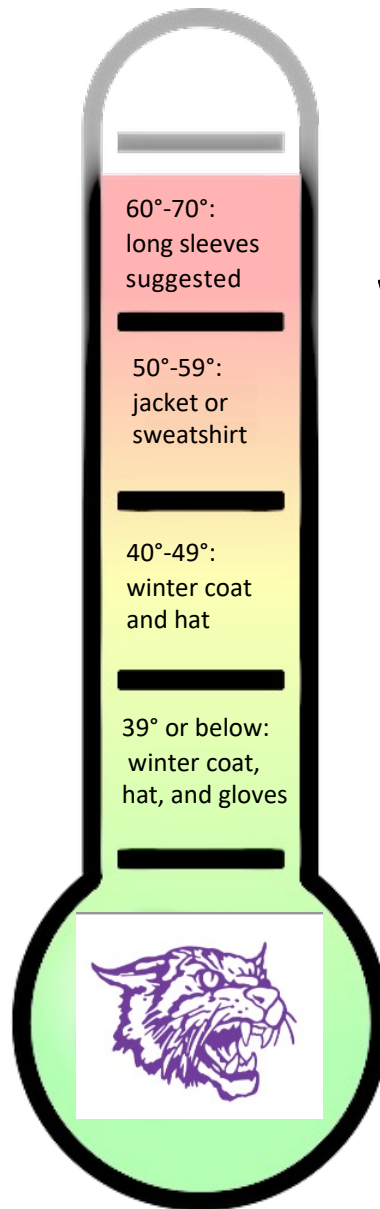
If your student tests positive for COVID, they will need to stay home for 5 days and can return on day six if symptoms are improving, and they are fever free 24 hours without medications. On day 6 - day 10, it is recommended a mask is worn.

Other students exposed in the household are recommended to monitor for symptoms for 10 days and recommended to wear mask for the 10 days. They are still able to attend school if they are symptom free. If symptoms develop, GCPH recommends being tested. In the event of a positive test, please contact GCPH.

Please contact GCPH at 833-833-4600 for School Return Date and Guidance for your household.

WHAT TO WEAR

Weather Guidelines



HOT

WARM

COOL

COLD

*Snow:
snow pants,
snow boots,
winter coat,
gloves, hat

If the "feels like" temperature is 15° or higher, students will be outside for recess.

If your child is missing outdoor gear, please ask them to look through their building's lost and found. We have accumulated many items already this winter!





Fourth graders attended a Drake women's basketball game that highlighted "Character Counts."

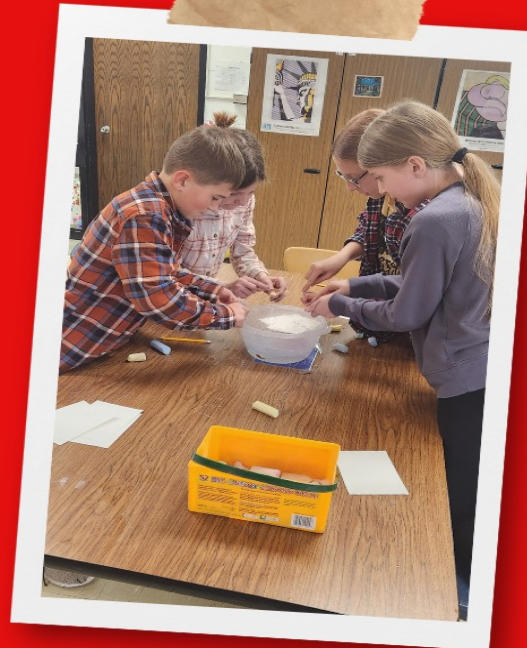
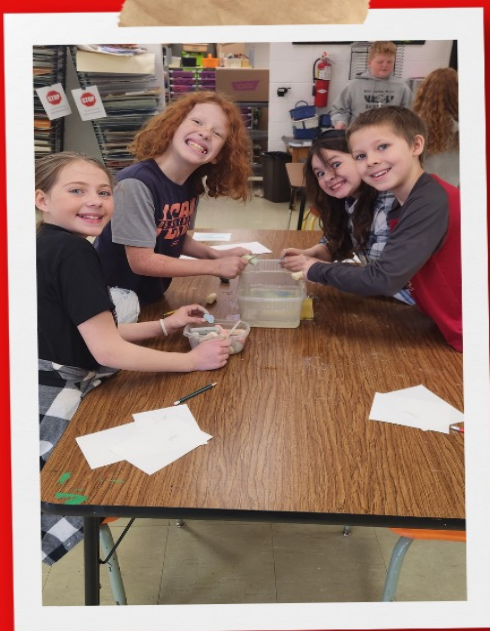




Students and staff were treated to special performances from our high school dance team. One student rated the routines "10 out of 10!"



In Art, Kindergarten and second grade students made reindeer crafts, and fifth graders learned a hydrodipping technique.





SRO Katie challenged our 3-5th graders to a friendly competition of who could collect the most food donations for the local food pantry. Ms. Topliff's 3rd grade class won and received a pizza party from Officer Katie.



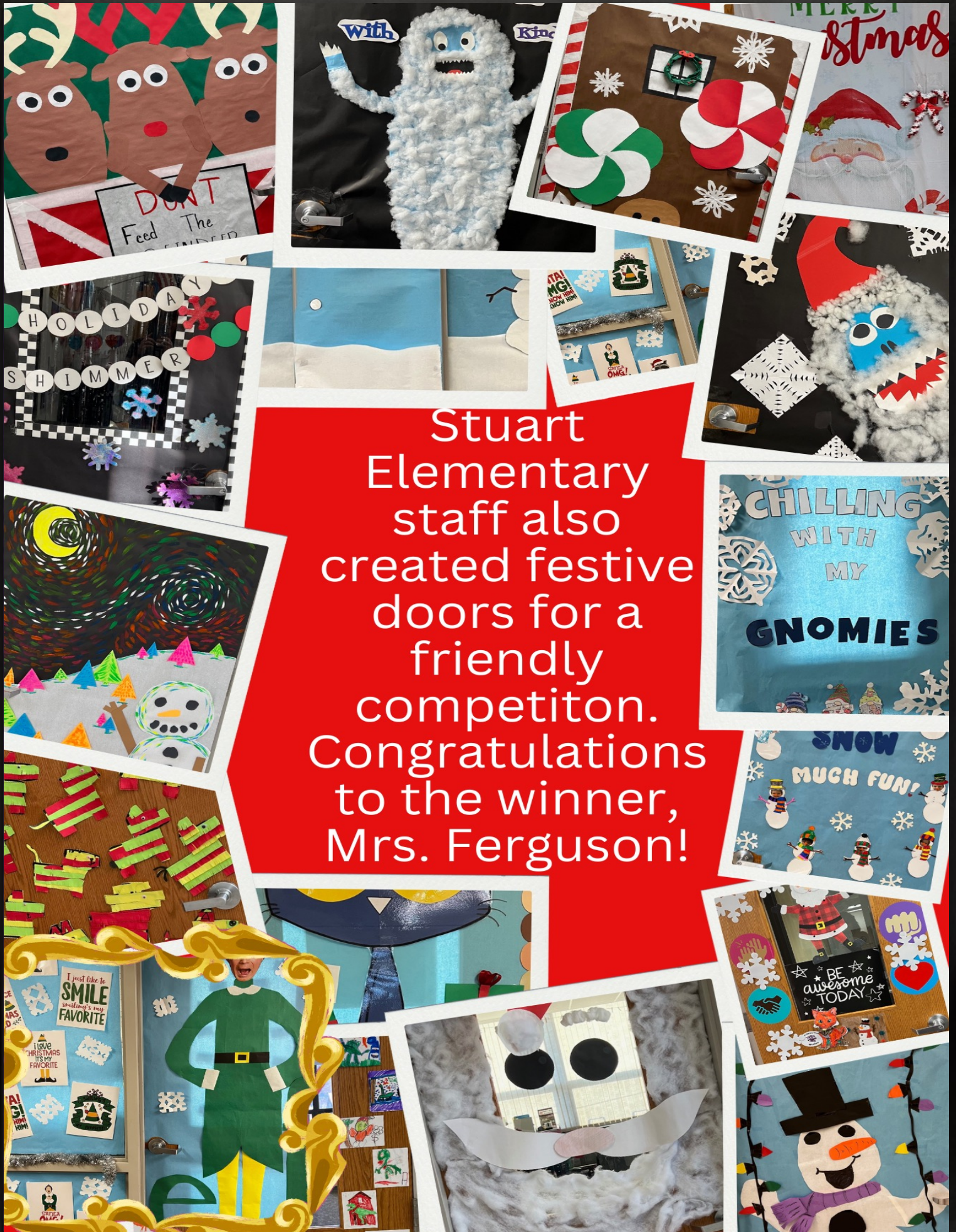


Elementary students worked hard to put on great winter concerts! Congratulations to them and to Ms. Taylor for such wonderful performances!



Dexter
Elementary
students and
staff had some
fun with a door
decorating
contest!
Congratulations
to Mrs. Doyle's
room on the
win!

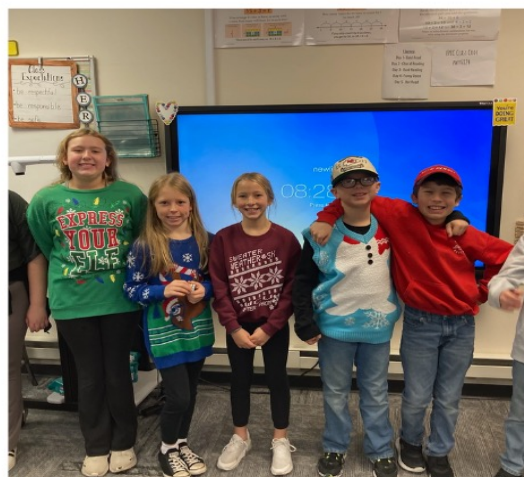




Stuart
Elementary
staff also
created festive
doors for a
friendly
competiton.
Congratulations
to the winner,
Mrs. Ferguson!



Leading up to our winter break, we shared a lot of fun times with one another!



Adult/Student Milk \$0.55
 Adult/Student Juice \$0.40

Student Breakfast \$1.95
 Adult Breakfast \$2.50

Student Lunch \$2.95
 Adult Lunch \$4.85

2024		January			WCV Menu
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Good Egg Sandwich Cereal Toast Fruit Orange Juice Skim or 1% Milk	Breakfast Pizza Fruit Orange Juice Skim or 1% Milk	Yogurt Muffin Fruit Orange Juice Skim or 1% Milk	Cheese Bread Stick Tri Tater Fruit Orange Juice Skim or 1% Milk	Sausage French Toast Syrup Cup Fruit Orange Juice Skim or 1% Milk	
01	02	03	04	05	
		MS/HS Pizza or	MS/HS Chicken Sandwich or	MS/HS Pork Chop Patty or	
NO SCHOOL	NO SCHOOL	Sesame Popcorn Chicken Assorted Chips Carrots & Dip Assorted Fruit	Cheese Quesadilla Pizza Side Salad Cucumbers & Dip Assorted Fruit	Beef Chili Cinnamon Roll Tomatoes Corn Assorted Fruit	
08	09	10	11	12	
MS/HS Taco-Nacho or	MS/HS Hamburger or	MS/HS Chicken Nuggets or	MS/HS Pizza or	MS/HS Chicken Sandwich or	
BBQ Rib Sandwich Baked Beans Carrots & Dip Assorted Fruit	Chicken & Waffles Syrup Side Salad & Dressing Tomatoes Assorted Fruit	Grilled Cheese Sandwich Tomato Soup Green Beans Assorted Fruit	Meatloaf Sweet Potatoes Cucumbers Assorted Fruit Dinner Roll	French Bread Pizza Garden Salad Assorted Veggies Assorted Fruit	
15	16	17	18	19	
	MS/HS Hot Dog or	MS/HS Pizza or	MS/HS Toasted Cheese or	MS/HS Popcorn Chicken or	
NO SCHOOL	Macaroni & Cheese Side Salad Dinner Roll Cucumbers Assorted Fruit	Fish Sandwich Assorted Chips Broccoli & Celery Assorted Fruit	Chicken Noodles Mashed Potatoes Dinner Roll Carrots Assorted Fruit	Beef Taco Shredded Lettuce & Cheese Black Beans Assorted Fruit	
22	23	24	25	26	
MS/HS Meatloaf Sandwich or	MS/HS Chicken Tenders or	MS/HS Pizza or	MS/HS Taco or	MS/HS Loaded Tots or	
Chicken Nuggets Crispy Cubes Carrots Sun Chips Assorted Fruit	Hot Ham & Cheese Garden Salad Baked Beans Assorted Fruit	French Toast Sticks Egg Patty Spinach Salad Red Peppers Assorted Fruit	Meatball Sub Carrots Celery Assorted Fruit	Pepperoni Pizza Caesar Salad Cucumbers & Dressing Assorted Fruit	
29	30	31	01	02	
MS/HS Pizza or	MS/HS Cheeseburger or	MS/HS Chicken Nuggets or	MS/HS Burrito or	MS/HS Hot Ham & Cheese or	
Chicken Sandwich Side Salad Cucumbers Assorted Fruit	Walking Taco Refried Beans Romaine Assorted Fruit	Crispitos Corn Carrots Assorted Fruit	Corn Dog Green Beans Cucumbers Assorted Fruit	Chinese Brown Rice Broccoli Tomatoes Assorted Fruit	

MS/HS Students may substitute a yogurt parfait or salad bar for the main dish at no extra cost

You must have money in your account for extra milk, juice, and extra entrees

Menu is subject to change without notice

This institution is an equal opportunity provider